



Rural Kids Initiative



In partnership with **FCA**, we are gearing up for another incredible summer of sports camps! We've got a full lineup designed to give rural athletes access to high-quality, affordable training — and most importantly, a whole lot of fun. All of these camps are \$80 or less. Full details on our website: www.518FCA.org

RKI Minekill Soccer Camp July 14–17 @ Minekill State Park

Grades 3–8: 9am–12pm

Grades 9–12: 1pm–4pm

We're thrilled to return to beautiful Minekill Park! Camp will be led by **Austin Johns**, current Regent University soccer player. We're even hoping to coordinate with summer swim programs so families can make a full day of it.

Cost: \$80

FCA Minekill Soccer Clinic
3rd-8th Grade July 14th-17th
9am-12pm
Minekill State Park
161 Mine Kill Rd.
North Blenheim, NY 12131



RURAL KID INITIATIVE

\$80
Co-ed Clinic



High level coaching focusing on:
attacking the goal, reading defenses,
possession style soccer, and much more

FCA Minekill Soccer Clinic
Varsity Level July 14th-17th
1pm-4pm
Minekill State Park
161 Mine Kill Rd.
North Blenheim, NY 12131



RURAL KID INITIATIVE

\$80
Co-ed Clinic



Current and Former College Soccer
players will lead you through
higher level training in attacking the goal,
transition attack, more advanced game play

RKI Basketball Camp July 14–Aug 6 @ Middleburgh Central School

- **Mondays**
 - 3rd–4th Grade: 5–6:30pm
 - 5th–6th Grade: 6:30–8pm

- **Wednesdays**
 - 7th–8th Grade: 5–6:30pm

Led by local high school and college players, this camp focuses on:

- Attacking the basket
- Reading the defense
- Transition gameplay

Cost: \$80

Middleburgh Basketball Clinic
5pm-6:30pm
3rd and 4th Grade
July 14-August 4th, 2025
Mondays
291 Main Street
Middleburgh, NY 12122



RURAL KID INITIATIVE

Varsity Coach & current college
and high school players leading out on:

- Attacking the basket
- reading the defense
- playing in transition



Middleburgh Basketball Clinic
6:30pm-8pm
5th/6th grade
July 16-August 4th, 2025
Mondays
291 Main Street
Middleburgh, NY 12122



RURAL KID INITIATIVE

Varsity Coach & current college
and high school players leading out on:

- Attacking the basket
- reading the defense
- playing in transition



RKI Basketball Camp July 14–Aug 6 @ Middleburgh Central School

Wednesdays

- 7th–8th Grade: 5–6:30pm

Led by local high school and college players, this camp focuses on:

- Attacking the basket
- Reading the defense
- Transition gameplay

Cost: \$80

Middleburgh Basketball Clinic

5-6:30pm
7th/8th Grade
July 16th–August 6th, 2025
Wednesdays

291 Main Street
Middleburgh, NY 12122



Varsity Coach & current college and high school players leading out on:

- Attacking the basket
- Reading the defense
- Playing in transition





RKI Middleburgh Soccer Camp July 28–31 @ Middleburgh Central School

Grades 3–8: 9am–12pm

Grades 9–12: 1pm–4pm

Coaches: Austin Johns and Jake Trendell (SUNY Cobleskill). **Cost: \$80**

FCA Middleburgh Soccer Clinic
3rd–8th Grade
9am–12pm
July 28th–31st
Middleburgh Central School
291 Main Street
Middleburgh, NY 12122



High level coaching focusing on:
attacking the goal, reading defenses, possession style soccer, and much more



\$80
Co-ed Clinic



FCA Middleburgh Soccer Clinic
Varsity Level
1pm–4pm
July 28th–31st
Middleburgh Central School
291 Main Street
Middleburgh, NY 12122



Current and Former College Soccer players will lead you through
higher level training in attacking the goal, transition attack, more advanced game play



\$80
Co-ed Clinic



RKI Baseball/Softball Camp | Aug 4–7 @ Middleburgh Central School

For athletes **ages 4–12**, this fun and engaging camp will cover all the fundamentals, led by an amazing coaching team:

Vincenzo Pepe (nationally ranked travel baseball team)
Jordan Bernacet (assistant coach at RPI)
Andrew Drescher (Local high school Varsity Baseball coach)
Staci Kane (local high school varsity softball coach)
9am–12pm daily
Cost: \$80

Middleburgh Baseball/Softball Clinic

9am–12pm
August 4th–7th, 2025
291 Main Street
Middleburgh, NY 12122



**K-6th grade
Co-ed clinic**

\$80





RKI Speed & Agility Camp | Aug 9 @ Archibald Field, Stamford

With 1 week before preseason starts for our fall sports This 1-day, 3-hour camp (9am–12pm) led by elite coach Bill Tindale, this will be a great chance to start the fall season off right and know where your fitness stacks up. Great for athletes in all sports! Bill has over 30 years of coaching experience in cross-country and track and field. He has coached a state champion cross-country team, 2 All-American Relay teams, numerous All-State athletes, and many athletes who have gone on to run at the Division 1 level.

Cost: \$25

FCA Speed and Agility Camp

9am-12pm
7th-12th Grade
August 9th, 2025

Archibald Field
65600 NY-10
Stamford, NY



RURAL KID INITIATIVE



\$25
Co-Ed

Suburban Council Coach Bill Tindale

- Boost speed
- Sharpen quickness
- Build explosive athletic movement
- Test preseason fitness levels



RKI Track & Field Camp | Aug 16 @ Middleburgh Central School

We're bringing back this awesome camp with help from top coaches and athletes like:

- **Bill & Noah Tindale** (Shen Track Coaches)
- **Thomas McConnelee** (Nationally ranked thrower for Roberts Wesleyan University)
- **Mark Temp** (SUNY Cobleskill)
- **Easton Reagan** (Russell Sage Coach)

We'll focus on:

- **Throws:** Shot Put & Discus
- **Jumps:** Long, Triple & High Jump
- **Sprints & Distance:** 100m–3200m

Cost: \$80

Middleburgh Track Clinic

August 16th, 2025

291 Main Street
Middleburgh, NY 12122



RURAL KID INITIATIVE



7th-12th grade
Co-ed clinic

- Throwing
- Sprinting
- Jumping
- Mid and Long Distance

